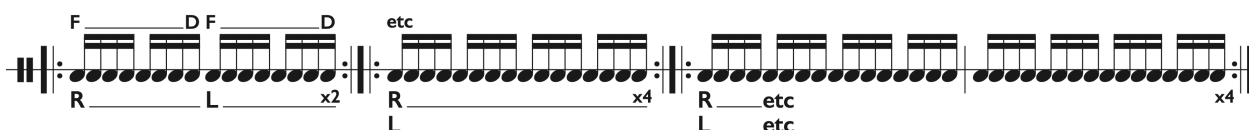


Rudimental Roll Builders: Part One

Make these exercises part of your daily routine

♩ = 70-180 ♪ = 140-360 ♪ = 280-720 (540+ is very challenging)

8-16-32-64



16-8-4-2



8s and 2s



♩ = 70-100

♪ = 280-400

16th single-double



♩ = 90-180

♪ = 280-720

8th-double



♩ = 140-180

♪ = 560-720

Use a metronome on 8th or 16th notes
to refine placement and timing

DAN KRUMM PERCUSSION ACADEMY