

Floor-Mallet Exercises

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$\text{♩} = 70-120$ DL-SI/SA Triplets (4-2-1 SI/SA)

Left Doubles **6** **6** **6** **6** **6** **6**

1 2 2 1 2 1 1 2 1 2 2 1

Right Doubles **6** **6** **6** **6** **6** **6**

4 3 3 4 3 4 4 3 4 3 3 4

$\text{♩} = 80-140$ Paradiddles /w DL (I/O shown, do R/L and Oblique also = 64 total)

Inside DL/Inside Single Outside DL/Inside Single

Outside DL/Outside Single Inside DL/Outside Single

Paradiddles /w Doubles (I/O shown, do R/L and Oblique also = 96 total)

Outside Doubles Inside Doubles

Outside First Single Inside First Single

Outside Second Single Inside Second Single

$\text{♩} = 30-90$ Paradiddle ML on Doubles: (I/O only, do R/L and Oblique also = 128 total)

Outside ML/Inside Single

Inside ML/Inside Single

Outside ML/Outside Single

Inside ML/Outside Single

♩ = 30-75

Outside ML/Inside Single

Musical notation for Outside ML/Inside Single with 5-measure groupings.

Inside ML/Inside Single

Musical notation for Inside ML/Inside Single with 5-measure groupings.

Outside ML/Outside Single

Musical notation for Outside ML/Outside Single with 5-measure groupings.

Inside ML/Outside Single

Musical notation for Inside ML/Outside Single with 5-measure groupings.

♩ = 30-65

Outside ML/Inside Single

Musical notation for Outside ML/Inside Single with 6-measure groupings and a 3-measure ending.

Inside ML/Inside Single

Musical notation for Inside ML/Inside Single with 6-measure groupings and a 3-measure ending.

Outside ML/Outside Single

Musical notation for Outside ML/Outside Single with 6-measure groupings and a 3-measure ending.

Inside ML/Outside Single

Musical notation for Inside ML/Outside Single with 6-measure groupings and a 3-measure ending.

6-Tuplet Paradiddle Multi-Lateral (O/I, L shown, do R and Oblique = 256 total)

RRR LR | LLL RL

Musical notation for RRR LR | LLL RL with 6-measure groupings.

R LLL R | L RRR L

Musical notation for R LLL R | L RRR L with 6-measure groupings.

RL RRR | LR LLL

Musical notation for RL RRR | LR LLL with 6-measure groupings.

R LR LL / L RL RR

Musical notation for R LR LL / L RL RR with 6-measure groupings.

Inside ML/Inside Single

R LLL R | L RRR L

RL RRR | LR LLL

R LR LL | L RL RR

RRR LR | LLL RL

Outside ML/Outside Single

R LLL R | L RRR L

RL RRR | LR LLL

R LR LL | L RL RR

RRR LR | LLL RL

Left Side ML/Left Side Single

R LLL R | L RRR L

RL RRR | LR LLL

R LR LL | L RL RR