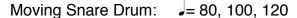
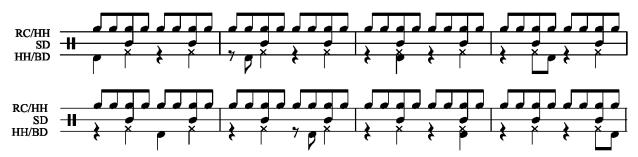
"Rock" is a very large genre which includes many decades and sub-styles of music. It is not practical to learn every groove ever written, but instead, to learn how to place any part of a groove on any 8th note in a measure. This makes reading charts and learning grooves much easier.

Moving Snare Drum and Moving Bass Drum are to played both on the Ride Cymbal with the HiHat pedal on 2 and 4, and on the HiHat, closed the whole time.



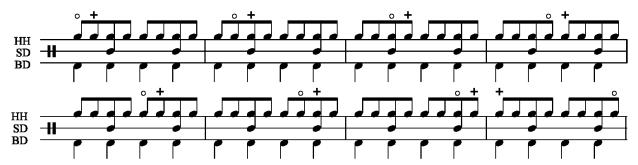




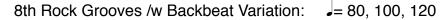
'o': lift the foot and open the HiHat to make a sizzle sound

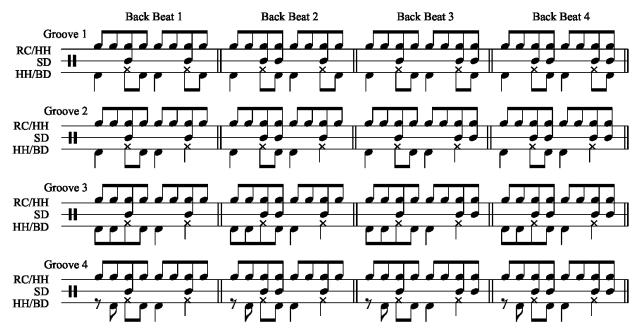
'+': lower the foot and close the HiHat to make a crisp sound

Foot pressure is very subtle, and this exercise will help to coordinate the HiHat and Bass Drum feet. Maintain a consistent Bass Drum and Open-Close sound throughout.



The following basic grooves will set a foundation for any 8th note Rock style. There are four Snare Drum backbeat variations, which should be mastered with each groove.





Like the Moving Snare, Bass and HiHat exercises, each grove should be played on the Ride Cymbal with HiHat on 2 and 4, and on HiHat, closed the whole time. Also, play on HiHat, opening on the "and" of 1 and 3, and closing on 2 and 4.