

After scales are initially learned, breaking up the straight line from bottom-to-top-to-bottom helps generalize the idea of scales into something more flexible and useful.

Play the following patterns in all 12 keys. Play top-to-bottom with reverse stickings as well.

♩=40,60,80,100,120

Rocking 3rds  
L R

Rocking 4ths  
L R

Rising 4's  
L R etc...until

Falling 4's  
L R etc...until

Double-Stop Scales  
etc...until

Upper/Lower Pentascales  
R L x3 x3

3-Note Turns  
R L etc...until

5-Note Turns  
R L etc...until

The image contains ten musical staves, each representing a different scale pattern. Each staff begins with a treble clef and a double bar line. The patterns are as follows:
 

- Rocking 3rds:** A sequence of eighth notes in a 3rd interval, alternating between the left and right hands (L R).
- Rocking 4ths:** A sequence of eighth notes in a 4th interval, alternating between the left and right hands (L R).
- Rising 4's:** A sequence of eighth notes in a 4th interval, starting from the bottom and moving up. The pattern ends with a double bar line and the text "etc...until".
- Falling 4's:** A sequence of eighth notes in a 4th interval, starting from the top and moving down. The pattern ends with a double bar line and the text "etc...until".
- Double-Stop Scales:** A sequence of eighth notes in a 4th interval, with both hands playing the same notes simultaneously. The pattern ends with a double bar line and the text "etc...until".
- Upper/Lower Pentascales:** Two staves. The first staff shows an upper pentascale (C-E-G-A-B) and a lower pentascale (B-A-G-E-C), each repeated three times (x3). The second staff shows a similar pattern with a different fingering (R L) and repeated twice (x2).
- 3-Note Turns:** A sequence of eighth notes in a 3rd interval, alternating between the right and left hands (R L). The pattern ends with a double bar line and the text "etc...until".
- 5-Note Turns:** A sequence of eighth notes in a 5th interval, alternating between the right and left hands (R L). The pattern ends with a double bar line and the text "etc...until".

There are an unlimited number of possible patterns. Use the above ideas to create your own or apply these to different scales to continue developing flexibility and pattern skills.