

Playing in parallel octaves is a large part of 2- and 4-mallet playing. The following exercises will develop this parallel motion over widening ranges.

Play hands separate, then together. Focus on only one hand, feeling out the other. Large, slow gestures, will enable faster kinesthetic development. Play in all keys.

Rocking 2nds etc in octaves



etc...until

Detailed description: This exercise is written on a single staff with a double bar line at the beginning. It starts with a series of eighth notes in parallel motion, moving up and down in a 'rocking' pattern. The notes are grouped in pairs, representing second intervals. The exercise continues with a series of slanted lines indicating it should be repeated in various octaves. It concludes with a final sequence of eighth notes in parallel motion, moving up and down.

Rocking 3rds etc in octaves



etc...until

Detailed description: This exercise is written on a single staff with a double bar line at the beginning. It starts with a series of eighth notes in parallel motion, moving up and down in a 'rocking' pattern. The notes are grouped in pairs, representing third intervals. The exercise continues with a series of slanted lines indicating it should be repeated in various octaves. It concludes with a final sequence of eighth notes in parallel motion, moving up and down.

Rocking 4ths etc in octaves



etc...until

Detailed description: This exercise is written on a single staff with a double bar line at the beginning. It starts with a series of eighth notes in parallel motion, moving up and down in a 'rocking' pattern. The notes are grouped in pairs, representing fourth intervals. The exercise continues with a series of slanted lines indicating it should be repeated in various octaves. It concludes with a final sequence of eighth notes in parallel motion, moving up and down.

Rising 4's etc in octaves



etc...until

Detailed description: This exercise is written on a single staff with a double bar line at the beginning. It starts with a series of eighth notes in parallel motion, moving up in a 'rising' pattern. The notes are grouped in pairs, representing fourth intervals. The exercise continues with a series of slanted lines indicating it should be repeated in various octaves. It concludes with a final sequence of eighth notes in parallel motion, moving up.

Falling 4's etc in octaves



etc...until

Detailed description: This exercise is written on a single staff with a double bar line at the beginning. It starts with a series of eighth notes in parallel motion, moving down in a 'falling' pattern. The notes are grouped in pairs, representing fourth intervals. The exercise continues with a series of slanted lines indicating it should be repeated in various octaves. It concludes with a final sequence of eighth notes in parallel motion, moving down.

3-Note Turns etc in octaves



etc...until

Detailed description: This exercise is written on a single staff with a double bar line at the beginning. It starts with a series of eighth notes in parallel motion, moving up and down in a 'turning' pattern. The notes are grouped in groups of three, representing third intervals. The exercise continues with a series of slanted lines indicating it should be repeated in various octaves. It concludes with a final sequence of eighth notes in parallel motion, moving up and down.

5-Note Turns etc in octaves



etc...until

Detailed description: This exercise is written on a single staff with a double bar line at the beginning. It starts with a series of eighth notes in parallel motion, moving up and down in a 'turning' pattern. The notes are grouped in groups of five, representing fifth intervals. The exercise continues with a series of slanted lines indicating it should be repeated in various octaves. It concludes with a final sequence of eighth notes in parallel motion, moving up and down.